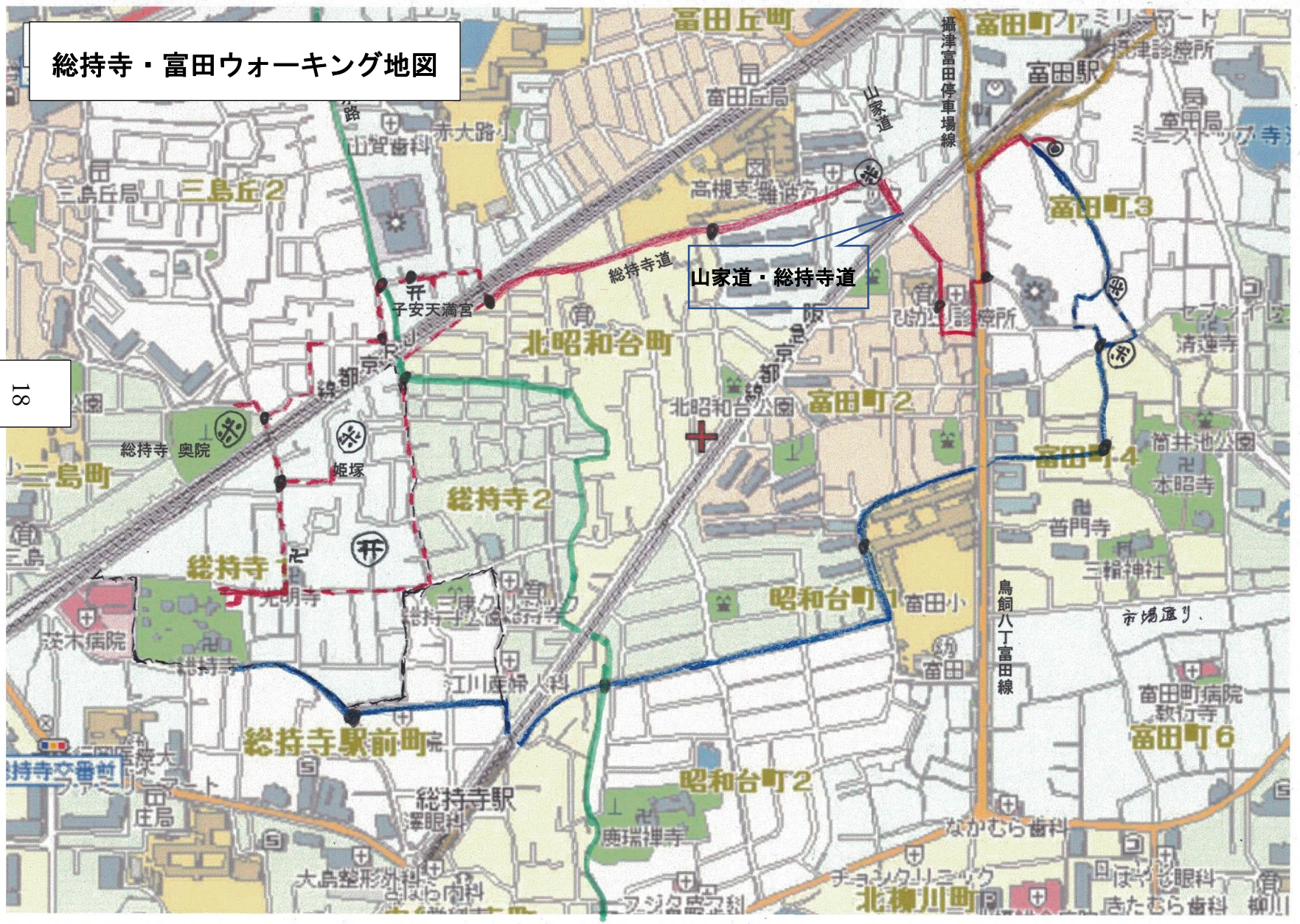総持寺・富田ウォーキング地図